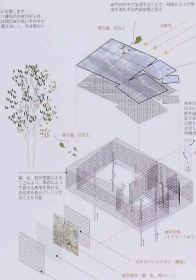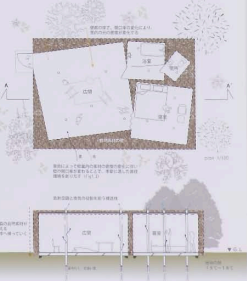natural skin